



Gluten Free *Lunch at*

Salads & Sides

- "THE" SALAD\$7.50
trio of greens, roasted vegetables, walnuts
- CAESAR SALAD\$7.50
chopped romaine, parmesan,
- MEDITERRANEAN SALAD\$7.50
chopped romaine, cucumber, black olive, red onion,
feta cheese, tomato

- CUP / BOWL OF SOUP\$3.95 / \$5.95
- "BAG" OF CHIPS\$1.00
- WINGS1/2 pound \$6.99 pound \$11.99
spicy dry rub

Add: chicken, smoked salmon, spicy chicken or shrimp \$4.75

Sandwiches & Pasta

- B.P.L.T..... \$10.95
bacon, provolone, lettuce, tomato,
horseradish mayo
- CHICKEN or SHRIMP SALAD\$9.95/\$11.95
- SMOKED SALMON \$10.95
red onion, capers, relish cream cheese
and spinach
- PULLED PORK..... \$10.95

- SPICY CHICKEN PHILLY \$10.95
provolone, mushroom, green peppers, and
caramelized onions
- Gluten Free SPAGHETTI \$10.25
marinara
alfredo
vodka cream

Wood Oven Pizzas

Specialty
10 INCH

- BLANC**
white sauce, 5 cheese blend \$11.95
- VEGETABLE**
olive oil, garlic, mushroom, red pepper,
spinach, oven-dried tomato..... \$12.95
- BROOKLYN**
red sauce, fresh mozzarella, fresh basil \$11.95
- THE YUMMY**
caramelized onions, gorgonzola cheese \$11.95
- SPICY CHICKEN**
red peppers, fresh basil, garlic olive oil \$12.95
- SEAFOOD**
white sauce, shrimp, bay scallops \$16.95
- MEAT**
sausage, pepperoni, ham \$14.95

Design Your Own Pizza

10 INCH \$10.95

CHEESE

- mozzarella, provolone, gorgonzola, parmesan
reggiano,
fresh mozzarella, feta
Vegan Cheese Available Add \$3.50

SAUCE

- red, white, oil and garlic

ADDITIONAL TOPPINGS

Add \$1.50 each item

- roasted garlic, oven dried tomatoes, green peppers,
roasted red peppers, red onion, caramelized onion,
banana peppers, fresh basil, black olives, green
olives, tomato, mushrooms, spinach, pineapple

PREMIUM TOPPINGS

Add \$3.50 each item

- pepperoni, sausage, bacon, prosciutto, ham,
spicy chicken

Pepsi® Products / Iced Tea / Coffee\$2.75 (Free Refills)



Gluten Free *Dinner at*

Starters

- STUFFED MUSHROOMS**\$8.95
3-cheese florentine
- WINGS** 1/2 pound \$6.99 pound \$11.99
spicy dry rub
- CHEESE DIP** \$10.95
Choice of Vegetables or G.F. Crust
- ANTIPASTO PLATTER** \$12.95
fresh mozzarella, prosciutto di parma, red peppers,
olives, white bean humus and roasted garlic

- MEDITERRANEAN SALAD** sm. \$4.95/lg. \$7.50
chopped romaine, cucumber, black olive, red onion,
feta cheese, tomato
- "THE" SALAD** sm. \$4.95/lg. \$7.50
trio of greens, roasted vegetables, walnuts
- CAESAR SALAD** sm. \$4.95/lg. \$7.50
chopped romaine, parmesan
- CUP / BOWL OF SOUP** \$3.95 / \$5.95

**Add to any Salad: chicken, smoked salmon spicy chicken or shrimp \$4.75
dressing choice: blue cheese, ranch, Italian, house cider vinaigrette**

Pasta

- G.F. SAUSAGE & PEPPER ZITI**..... \$11.95 / \$14.95
- PASTA TRUMAN** \$13.95 / \$16.95
gluten free spaghetti, smoked salmon, sweet peas,
roasted red peppers, basil cream
- MAC-N-CHEESE** \$14.95

Chef Selection

- BLACKENED WHITE FISH**..... \$16.95
over red pepper cream and G.F. pasta
- EGGPLANT MANICOTTI**..... \$14.95
over G.F. pasta

Design Your Own Pasta

Small \$10.25 / Large \$12.25

PASTA

gluten free spaghetti

SAUCE

alfredo, marinara, vodka cream,
white wine garlic, herb butter, meat sauce

TOSS IN

\$2.75/\$3.75 each item
pepperoni,
fresh mozzarella, mushrooms

\$4.75 each item
chicken, sausage, smoked salmon
spicy chicken, shrimp

Wood Oven Pizzas

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spinach, oven-dried tomato \$12.95
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- SEAFOOD**
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- MEAT**
sausage, pepperoni, ham \$14.95

Design Your Own Pizza

10 INCH \$10.95

CHEESE

mozzarella, provolone, gorgonzola, parmesan
reggiano,
fresh mozzarella, feta
Vegan Cheese Available \$3.50

SAUCE

red, white, oil and garlic

ADDITIONAL TOPPINGS

\$1.50 Each Item

roasted garlic, oven dried tomatoes, green peppers,
roasted red peppers, red onion, caramelized onion,
banana peppers, fresh basil, black olives, green
olives, tomato, mushrooms, spinach, pineapple

PREMIUM TOPPINGS

\$3.50 Each Item

pepperoni, sausage, bacon, prosciutto, ham, spicy
chicken